



ABILITY LEADERSHIP PROGRAM

StoryShare



ALP StoryShare is a peer-led program that empowers people with IDD and their families to share lived experiences through meaningful advocacy storytelling.

ALP StoryShare is an online educational and professional development program. It helps participants build confidence in sharing lived experiences to promote awareness, understanding, inclusion, and positive change through:



Peer-led virtual learning focused on storytelling, advocacy, and self-expression



Guided reflection and accessible activities to shape lived experiences into meaningful stories



Group learning and discussion that build confidence, connection, and understanding



Advocacy storytelling tools and resources to support awareness and systems change

SCAN THIS QR CODE WITH YOUR DEVICE



“ALP started everything for me! ALP empowered me to dream big. There is so much work to be done. Thank you for helping me realize my power in leadership and advocacy work!”

-ALP-NC Graduate



Who can apply for ALP StoryShare?

- Adults with an intellectual and/or developmental disability (IDD)
- People who identify with the lived experience of disability
- Family members or caregivers of persons with lived experience
- In-field professionals supporting people with IDD
- **Must be a resident of North Carolina**

What will I learn in the program?

- Story sharing is an important part of how people connect, build understanding, and create change. Sharing personal experiences can help others better understand challenges, barriers, and the importance of inclusion in real and meaningful ways. Stories can also be powerful tools for advocacy by helping people speak up about issues that matter to them.
- StoryShare is a peer-led educational series for people with intellectual and developmental disabilities (IDD) and their families. In this course, participants learn how to shape their lived experiences into clear, meaningful advocacy stories. Through guided reflection, accessible activities, and group learning, participants build confidence in sharing their stories in ways that promote awareness, understanding, and positive change.

APPLICATION INSTRUCTIONS

We are currently accepting applications for StoryShare 2026.

Registration Week 1 May 25th - June 1st will be open for people with intellectual and developmental disabilities (IDD), autism, neurodivergence, and other disability identities.

Registration Week 2 June 1st - June 8th will be open for family members of people with disability identities and professionals in the field.

- This is an online cohort, which means you will attend live webinar sessions online via the Zoom platform. Sessions take place on **Mondays from 11:30-1:30, June 22nd - July 13th.**
- Registration form will close at 9am on Monday, June 8th. We are capping registration at 26 participants, and everyone past this point will be put on a waitlist. All registrants will receive a confirmation email from ALP-NC on Monday, June 8th.
- The registration form is an online Google form. If accommodations are needed, please email us at info@alp-nc.org.

Link to StoryShare 2026 Registration:
<https://forms.gle/L6nrobgudP2mJec5A>

ALP-NC is a collaborative initiative administered by:



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