### System Gap Addressed
- Adult Care Homes (ACH) in North Carolina serve more than 27,000 individuals with disabilities by providing a place to live, assistance with activities of daily living (i.e., dressing, cooking, eating), and medication management.
- As many as 1800 individuals in these settings may be individuals with intellectual and/or developmental disabilities (I/DD).
- Many of the facilities that are categorized as adult care homes were not created, designed or licensed to provide services for individuals with I/DD, especially those with needs that require intensive supports.
- Individuals with I/DD should be offered a choice to live in a home that they lease or own in the community of their choice.
- At present, the State has not allocated any funding to help the transition of these 1800 residents with I/DD.
- The successful transition of individuals with I/DD from adult care homes to community settings cannot be achieved without a well-developed process.

### Initiative Goals and Timeline
- Assist state policymakers and stakeholders in understanding the barriers to community living.
- Delineate practice innovations and policy changes with the potential to assist individuals with I/DD to transition from ACHs to homes of their own, with the appropriate services and supports.

### Description of Activities
- Locate individuals with I/DD living in adult care homes in North Carolina who may be eligible for I/DD services and supports under the Home and Community Based Services waivers, state funds or any available Medicaid State Plan (i) option.
- Provide advocacy support to individuals with I/DD living in adult care homes to facilitate their transition from adult care homes to homes in community settings.
- Assess the quality of life of individuals with I/DD living in adult care homes located in NC.
- Identify and assess barriers to community living for individuals with I/DD.
- Develop a “blueprint” to close the front door of adult care homes to people with I/DD and ensure the successful transition into the community for people with I/DD who wish to live in the community.

### Achievements and Outcomes to Date
- Identified 27 individuals with I/DD living in 25 adult care homes in North Carolina who were eligible for participation in this initiative.
- Reviewed each individual's record to understand the individual's history and placement needs.
- Develop a personalized transition plan that took into account the advocacy work needed in all systems before, during, and after the move from the ACH ensuring successful community inclusion.
- Successfully transitioned 15 individuals to the community surpassing the demonstration goal of 6 individuals.

### Expected System Change as Result of Initiative
- With the final report for this initiative, key leaders and decision makers will have documentation of the scope of the systemic causes of institutionalization that keeps NC citizens with I/DD in settings that restrict full community inclusion.
- State leaders will work to remove the existing barriers identified in the blueprint so that more Individuals with I/DD living in ACHs, their families and guardians will be aware of more inclusive living arrangements and will choose to transition out of ACHs.
- Use the Money Follows the Person (MFP) model to offer flexibility in supports and services that are responsive and easy to access.