Show Me
A Communication Tool for Emergency Shelters
Instructions

This tool has been tested with and co-created by public health professionals and the populations it is designed to help, including:

- People who have cognitive disabilities
- People who are deaf or hard of hearing
- People who have limited English proficiency
- Anyone who may struggle to communicate verbally during an emergency

Tips to help you use this tool:

- ✔ Speak clearly and slowly.
- ✔ Look directly at the person when asking questions or giving instructions.
- ✔ Give directions one step at a time. Check for understanding after each step.
- ✔ Give the person time to respond to questions or instructions.
- ✔ Use hand gestures (movements) to help communicate.

Remember, good communication is key to helping people feel safe and calm during an emergency.
I speak...

Español (Spanish)
Português (Portuguese)
Français (French)
Italiano (Italian)
Deutsch (German)
Polski (Polish)
Русский (Russian)

Ελληνικά (Greek)
Shqip (Albanian)
Kreyòl (Haitian Creole)
Kriolu (Cape Verdean Creole)
I speak...

中文 (Mandarin)
日本語 (Japanese)
한국어 (Korean)
Việt (Vietnamese)
ภาษาไทย (Thai)
ខ្មែរ (Khmer)

नेपाली (Nepali)
हिन्दी (Hindi)
العربية (Arabic)
Arrival
Arrival

Phone

Food

Pets
Arrival

- Bedding
- Batteries
- Power
Medical Needs
Medical Needs

- Oxygen
- Inhaler
- Insulin
I need...
Basic Needs

Water

Food

Bathroom
Personal Care Items

Personal Care Kit

Clothes

Feminine Products
Baby Needs

Diaper

Diaper Changing

Baby Bottle
Food Allergies

No

- Allergic to Eggs
- Allergic to Peanuts
- Allergic to Shellfish
Food Allergies

No

Allergic to Dairy

Allergic to Wheat

Vegetarian
People and Places
People

- Family
- Police
- Medical Staff
My Home

No Power

Damaged House

Water Damage

Power On
Places to Go

- Home
- Get Out
- Car
- Bus
Feelings and Support
Feelings

Happy
Okay
Sad
Nervous
Angry
Support

- Money
- Therapy
- Legal Help
- Housing
- Food Stamps
Religious Support

Christian

Jewish

Muslim
Time

1:00
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This project was developed by the Emergency Preparedness Bureau at the Massachusetts Department of Public Health, with funding from the Assistant Secretary for Preparedness and Response (ASPR) Hospital Preparedness Program and Centers for Disease Control and Prevention (CDC) Public Health Emergency Preparedness Program.

240 copies of this public document were printed at a cost of $6,011.18 or $25.05 per copy. 2/15
This initiative is supported by the North Carolina Council on Developmental Disabilities and the funds it receives through P.S. 106-402, the Developmental Disabilities Bill of Rights and Assistance Act of 2000.