Show Me
A Communication Tool for Emergency Shelters
This tool has been tested with and co-created by public health professionals and the populations it is designed to help, including:

- People who have cognitive disabilities
- People who are deaf or hard of hearing
- People who have limited English proficiency
- Anyone who may struggle to communicate verbally during an emergency

Tips to help you use this tool:

✓ Speak clearly and slowly.
✓ Look directly at the person when asking questions or giving instructions.
✓ Give directions one step at a time. Check for understanding after each step.
✓ Give the person time to respond to questions or instructions.
✓ Use hand gestures (movements) to help communicate.

Remember, good communication is key to helping people feel safe and calm during an emergency.
Language

Interpreter

Sign Language
I speak...

Español (Spanish)
Português (Portuguese)
Français (French)
Italiano (Italian)
Deutsch (German)
Polski (Polish)
Русский (Russian)
Ελληνικά (Greek)
Shqip (Albanian)
Kreyòl (Haitian Creole)
Kriolu (Cape Verdean Creole)
I speak...

中文 (Mandarin)
日本語 (Japanese)
한국어 (Korean)
Viet (Vietnamese)
ภาษาไทย (Thai)
នយោបាយ (Khmer)
नेपाली (Nepali)
हिन्दी (Hindi)
العربية (Arabic)
Notes
Arrival
Arrival

- Wait in Line
- Sign In
- Sleeping Area
Arrival

Family

Service Animal

Caregiver
Arrival

Phone

Food

Pets
Arrival

Bedding

Batteries

Power
Medical Needs
Medical Needs

Where?

First Aid

Medical Staff

Medicine

Keep Medicine Cold
Medical Needs

- Oxygen
- Inhaler
- Insulin
I need...
Basic Needs

- Water
- Food
- Bathroom
Help

- Bathroom Help
- Shower Help
- Adult Diaper
Personal Care Items
Baby Needs

Diaper

Diaper Changing

Baby Bottle
Food Allergies
Food Allergies

No

- Allergic to Eggs
- Allergic to Peanuts
- Allergic to Shellfish
Food Allergies

No

- Allergic to Dairy
- Allergic to Wheat
- Vegetarian
People and Places
Places to Go

- Home
- Get Out
- Car
- Bus
Feelings and Support
Support

- Money
- Therapy
- Legal Help
- Housing
- Food Stamps

EBT (Electronic Benefit Transfer)
Time

1:00
Time

- Morning
- Afternoon
- Night
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