# Email Example

Help share NCCDD’s Five-Year State Plan survey by sending an email to the people you know. Feel free to make changes or to create your own message!

Subject: Provide input for NCCDD’s Five-Year State Plan!

As a [say how you represent the people with I/DD, such as Council member, person with I/DD, family member, etc.], I am excited to announce that the North Carolina Council on Developmental Disabilities (NCCDD) has started planning for its next Five-Year State Plan. NCCDD wants to hear from people with I/DD, their families, and others who are involved with the I/DD community.

Take NCCDD’s survey to share how changes would support you or a family member with I/DD to live in the community of their choice. Do you need better access to healthcare, transportation, housing, school, or employment? What is important to you?

The survey is available in English and Spanish. You can take the survey online. Or you can print a PDF or Word version of the survey and return it by mail or email.

**Survey in English:** [Online](https://docs.google.com/forms/d/e/1FAIpQLScTGrpqf3KS4wNrfgfFKDQ5o7pYVUvIcTtUcfyYrcvQK5aQUA/viewform) | [PDF](https://nccdd.org/images/2025/five-year-state-plan/NCCDD-5YP-Survey-2025_English.pdf) | [Word](https://nccdd.org/images/2025/five-year-state-plan/NCCDD-5YP-Survey-2025_English.docx)

**Survey in Spanish:** [Online](https://docs.google.com/forms/d/e/1FAIpQLSeECiVe51dPCE9jqiOWAMRMscTEZp6mJH2xm88TM4-elcg4Xg/viewform) | [PDF](https://nccdd.org/images/2025/five-year-state-plan/NCCDD-5YP-Survey-2025_Spanish.pdf) | [Word](https://nccdd.org/images/2025/five-year-state-plan/NCCDD-5YP-Survey-2025_Spanish.docx)

If you would like to request a different survey format, contact NCCDD at 984-920-8209 (Office/TTY) or Toll Free at 800-357-6916 or NCFYP@nccdd.org.

Learn more about NCCDD’s Five-Year State Plan at <https://nccdd.org/the-council/five-year-plan>.

Thank you and please share with others!